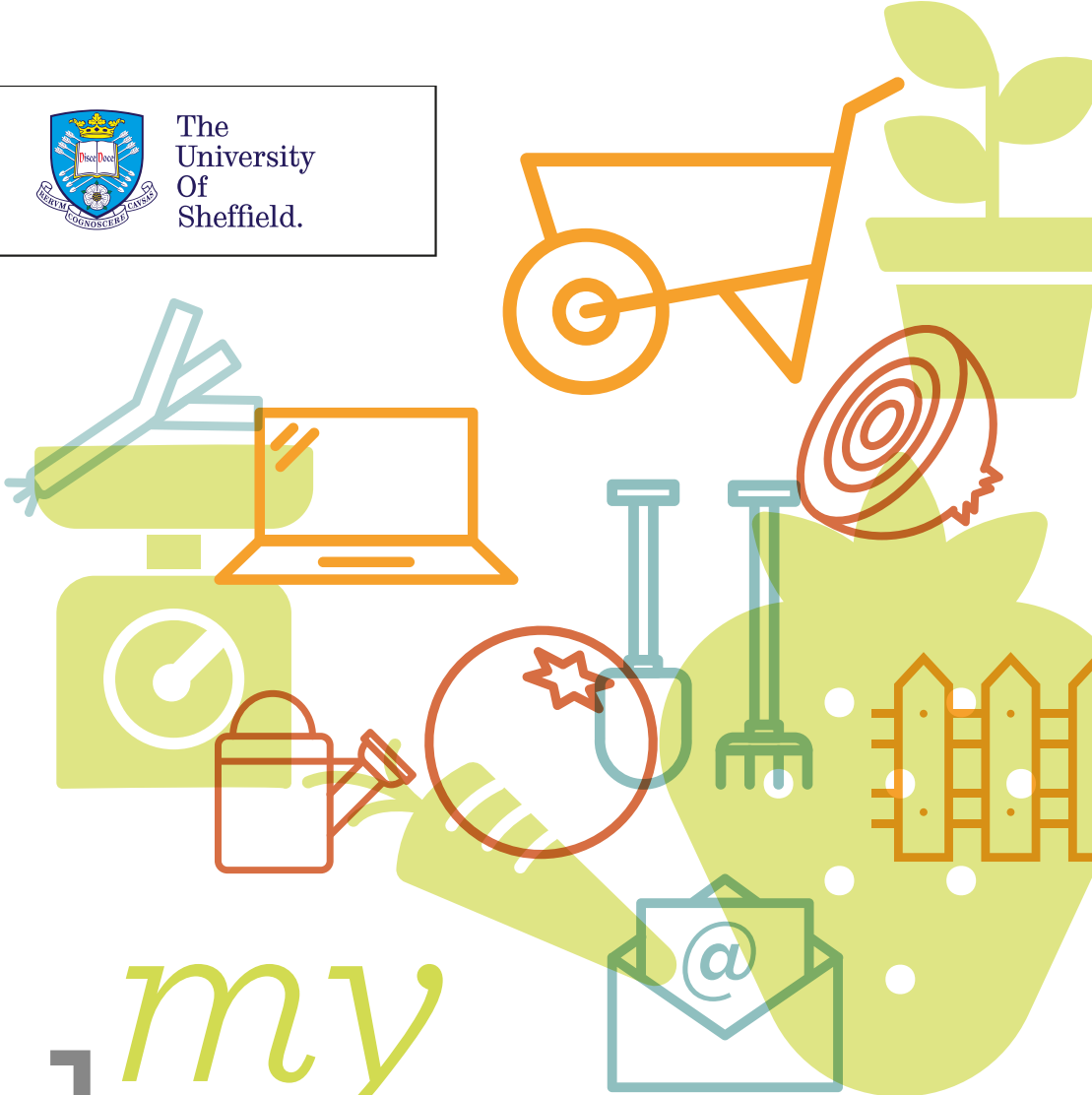




The  
University  
Of  
Sheffield.



# *my* harvest

Participate in an exciting research project that will estimate total own-grown fruit and vegetable production across the UK and its important contribution to national food security.

*find out more* ►

**MEASURE YOUR (MY) HARVEST** invites you to participate in an exciting research project that will estimate total own-grown fruit and vegetable production across the UK and its important contribution to national food security. We currently have a poor understanding of how much own-grown food is produced, so our research is key to providing an evidence base from which to support the use of land for growing spaces within our cities and towns.

The research team at the University of Sheffield are working with members of the public who grow on allotments, in gardens and other spaces across the UK, to determine the yield of typical UK staple fruit and vegetable crops. By providing our team with data on your harvests, you would be:

- 1 Contributing to a first national estimate of own-grown food production in the 21st century
- 2 Helping us to understand how much allotment and garden space we need in the future to ensure sufficient access for the growing number of people living in our cities and towns

**It is really easy to take part in MYHarvest.**

**For details on how to participate go to:**

 [myharvest.org.uk](https://myharvest.org.uk)

 [myharvest@sheffield.ac.uk](mailto:myharvest@sheffield.ac.uk)

 MYHarvest •  @MYHarvestUK